



Chicken Lettuce Wraps

Description



A quick, easy, healthy meal!

Ingredients:

- 4 T. hoison sauce
- 3 T. soy sauce
- 2 T. rice wine vinegar
- 1 T. The Olive Tap's [Sesame Oil](#), plus more for drizzling at the end
- 1 lb. ground chicken

- 2 T. The Olive Tap's [Roasted Avocado Oil](#), or your favorite [Olive Tap 100% Extra Virgin Olive Oil](#), divided
- 8 oz. mushrooms, diced very small
- 1 8-oz. can water chestnuts, drained and diced
- 3 cloves garlic, minced
- 1 C. sliced green onions, divided
- 2 small heads of butter or bibb lettuce

Directions:

1. Combine hoisin sauce, soy sauce, rice wine vinegar, and Sesame Oil. Whisk to combine.
2. Heat a T. of Avocado Oil (or EVOO) in skillet over medium heat, add ground chicken and cook until no longer pink. Break chicken into small crumbles as you cook. Transfer chicken to a bowl.
3. Warm the remaining T. of Avocado Oil (or EVOO), add mushrooms and cook until tender. Add water chestnuts, garlic and ginger and cook 30 seconds or until aromatic.
4. Transfer chicken back into pan with vegetables along with half of the green onions.
5. Pour sauce over top of chicken mixture and stir to coat. Cook until sauce is warmed through, approximately one minute. Drizzle more Sesame Oil over chicken mixture if you like a stronger flavor. Garnish with more green onions.

Serve in lettuce cups.

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Recipe originally appeared at <https://theolivetaprecipes.com/recipes/chicken-lettuce-wraps/>

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Date

03/31/2025