



Cherie's Spinach Apple Salad

Description



A colorful spinach salad topped with sweet apples and sharp cheddar cheese. A wonderful fall apple taste sensation!

Ingredients:

- 4 C. baby spinach leaves, rinsed and patted dry
- 1/2 C. red apples, rinsed, cored and cubed
- 1/2 C. green apples, rinsed, cored and cubed
- 1/2 C. sharp cheddar cheese, cubed
- 1/2 C. The Olive Tap's [100% Extra Virgin Olive Oil](https://www.olivetappittsburgh.com) (your favorite)*

- 1/4 C. The Olive Tap's [Granny Smith Balsamic Vinegar](#)
*try with [Walnut Oil](#), [Basil Fused Olive Oil](#) or [Sorrento Lemon Fused Olive Oil](#)

Directions:

1. Arrange spinach leaves on chilled salad plates. Top with apples and cheese, set aside.
2. Measure Olive Oil into a small bowl. Slowly pour in the Balsamic Vinegar, whisking constantly. Add salt and pepper to taste. Drizzle over plated salad. Serve immediately.

An Olive Tap Original Recipe by Cherie, Long Grove

Recipe originally appeared at <https://theolivetaprecipes.com/recipes/cheries-spinach-apple-salad/>

[Back to Recipes](#)

Date

06/04/2025