



Chef Katie's Walnut Banana Bread

Description



Yummy banana bread with the crunch of walnuts. The addition of Walnut Oil not only makes bread moist, but also adds Omega-3s and antioxidants!

Ingredients:

- 3 1/4 C. all-purpose flour
- 2 t. baking soda
- 1/2 t. cinnamon
- 1/2 t. salt



- 4 large eggs, room temperature
- 2 1/3 C. sugar
- 1/2 C. The Olive Tap's Walnut Oil
- 1/2 C. The Olive Tap's 100% Extra Virgin Olive Oil
- 6 large, very ripe bananas, mashed
- 1/4 C. Crème Fraiche
- 2 t. vanilla
- 1 1/3 C. walnuts, chopped

Directions:

- 1. Preheat oven to 350° F. Oil 2 9x5x3 inch loaf pans, then dust with flour.
- 2. Sift together flour, baking soda, cinnamon and salt in a bowl.
- 3. In another bowl, beat together the eggs and sugar at medium-high speed for 10 minutes or until mixture is pale and forms ribbons when the beater is lifted. Reduce to low speed and slowly drizzle in the oils.
- 4. Mix in the bananas, crème fraîche and vanilla. Gently fold in the dry mixture and walnuts.
- 5. Divide the batter into the loaf pans. Bake until golden brown and a toothpick comes out clean.

Courtesy of Chef Katie Wojciechowski and Fuller's Second Floor Recipe originally appeared at https://theolivetaprecipes.com/recipes/chef-katies-walnut-banana-bread/

Back to Recipes

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